



healthy BOARDING

SUMMARY

NCC will be layering many safety measures to protect the integrity of our boarding "bubble". September will start with significant restrictions surrounding visitors, travel, and self-isolation for students travelling internationally to ensure the safest possible environment on our campus.

As the public health landscape changes in Ontario, NCC will be prepared to respond appropriately by loosening restrictions where possible. This will allow for more opportunities for students to engage with each other on campus while following all health guidelines for physical distancing, hand hygiene, and masking when necessary.

Our goal is to provide a safe place and also an engaging community that recognizes students' need for connection, fun, physical activity, and overall wellness.

HEALTH & SAFETY MEASURES - OVERVIEW

- Daily screening and monitoring
- Cohorting
- Enhanced hygiene practices
- Staff and student training
- Signage
- Healthy dining practices
- Physical distancing
- Masking indoors (with the exclusion of students' rooms)
- Increased cleaning
- Controlled traffic in buildings and on campus
- Restricted off-campus travel
- Restricted visitors to campus
- 14 day quarantine for international travellers
- Access to Health Centre support



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SELF ISOLATION

All students travelling to NCC from out of country will be required to self-quarantine for 14 days. NCC is ensuring the safety of students and our community by managing this quarantine from September 6-20 (for students arriving between September 4-6). Students will be cohorted, meals will be delivered to rooms, travel and visitor access will be restricted, and staff will be ready to support students with everything that they need during the 14 days. For more details on NCC's approach to managing that time for students see Quarantine at NCC.

TRAVEL

Students will not be permitted to travel off campus for the beginning of the school year as NCC assesses the safety of the campus and the current public health landscape in September. Essential travel will be permitted as approved by NCC administration and online shopping and food delivery will be encouraged for students in place of trips into town.

VISITORS

To start the year, visitors (including parents) will not be allowed on campus, with the exception of essential services. All essential visitors will be screened and will follow all health and hygiene protocols to ensure the safety of the boarding community.

COHORTING

There will be a maximum of two students in any dorm room and students will be in cohorts according to their dorm floor. Students will not be permitted to enter other students' floors or rooms.

MASKING AND PHYSICAL DISTANCING

Students and staff will be wearing masks when inside buildings (with the exclusion of their own dorm rooms), and outside with physical distancing is a challenge.

HYGIENE PROTOCOLS

Students will be trained on proper hand hygiene and masking procedures and will be reminded of proper hygiene practices through signage and regular meetings.

CLEANING

Cleaning will be increased for all high traffic areas, high-touch surfaces, bathrooms, showers, etc. Cleaning and disinfecting will happen twice per day at minimum and students will be trained on how to avoid touch surfaces and on how to move through higher traffic areas safely.

PROGRAMMING

Off-campus activities will be limited as NCC seeks to keep the integrity of our dorm bubble and students will be invited to engage in small group activities and on-campus opportunities for fun and community-building. Our programming staff are working hard to create opportunities for students that meet the needs of our students, for safety, for physical activity, and for friendship.

MENTAL HEALTH SUPPORTS

NCC will be paying special attention to the mental health of all students, including wellness check-ins, Health Centre support, and many other resources, including our partnership with Bayridge Counseling. Students will be cared for using a tiered approach to mental health that will support the students as they build resiliency, manage their stress, and strengthen healthy relationships as they re-enter school and navigate the school year.

SCREENING

Students will be screening every morning using a checklist that will be posted in their dorm rooms and will be directed to our Health Centre immediately for any health concerns. Dorm staff will also be engaged in active monitoring in partnership with the NCC Health Centre.

DINING

Students will be invited to staggered meal times to ensure smaller groups of students in our cafeteria and a safer dining experience for our community. Food will be prepared and served based on all the current best practices and guidelines for Food Handling and Safety.